



## The Underdog Crew CIC - Youth Empowerment Project

a not-for-profit community interest organisation. COMPANY NUMBER: 14530067

*"Harnessing the power of professional filmmaking and creative pursuits to promote positivity and emotional wellbeing in young adults."*

Underdog Crew Studios provides a safe and nurturing space for marginalised and at-risk young adults to find inspiration, motivation and a place to belong. Providing creative education, support, guidance and a route towards an empowered adulthood laden with ambition and hope.

Under the banner of **#allequal** and **#empowerment** our aim is to inspire young adults between the ages of 13 and 18 years through creative practical workshops within our exciting studio and activity partner environments. Building a creative community where all members are encouraged to develop their fullest potential in spirit, mind and body.

Project members predominantly come via our referral network, health and wellbeing partners and critical intervention referrals. This also now includes several local GP surgeries. Project participants come from multiple youth welfare channels including, but not limited to: **Lads Need Dads, Action For Family Carers, Essex Young Carers, Bright Lives CIC, Autism Anglia, Essex Youth Services and Youth Enquiry Services.**

### We promote:

- Building confidence through teamwork.
- A nurturing space to develop new creative ideas.
- Inclusivity, self worth and ambition.
- Teamwork and collaborative thinking.
- Ownership of choices.
- Problem solving and 'thinking outside the box'.
- Encouragement, guidance and signposting into further learning.
- Taking ownership of choices based around positive actions.
- 'PEF': 'positivity, energy and focus'.

***"We are EMPOWERING! We are SUPPORTING! We are NURTURING!  
We are CHANGING LIVES! We are... THE UNDERDOG CREW!"***

[underdogcrew.org](http://underdogcrew.org)